

# Have you kept your LivingWell Promise?

## Complete a biometric screening or Go365 Health Assessment by July 1, 2017.

### **Biometric screening**

- Screenings are offered at no cost to you at a number of convenient locations. <u>Find locations here.</u>
- Take your (HumanaVitality/Go365) ID card, or obtain your Go365 ID online or on the Go365 App.
- Fast for at least eight hours prior to your appointment.
- Keep your screening results for immediate proof of completion.

#### **Health assessment**

Visit www.LivingWell.ky.gov and sign in to Go365 to get started.

#### Rewards

Earn up to 4,000 Go365 Points. Receive even more by completing the online health assessment.

If you have completed your LivingWell Promise, please disregard this message.

Please do not reply to this email. For questions about your Go365 ID, call 855.478.1623.

For all other wellness benefits, visit <u>LivingWell.ky.gov</u>, email <u>KEHP</u>, or call 888.581.8834.









